



**Neuberg**  
DIAGNOSTICS

• India • UAE • South Africa • USA

# *Neu* INSIGHTS

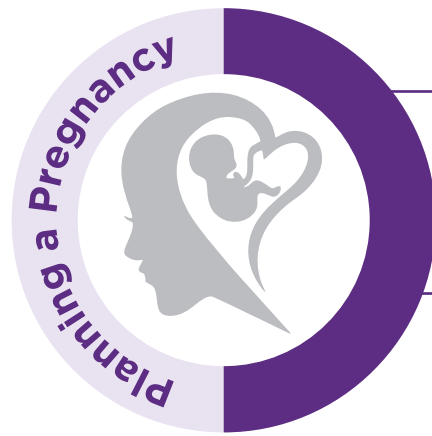


**Neuberg**  
DIAGNOSTICS

CENTER FOR  
GENOMIC  
MEDICINE



## **Reproductive Genomics** **Comprehensive Services**

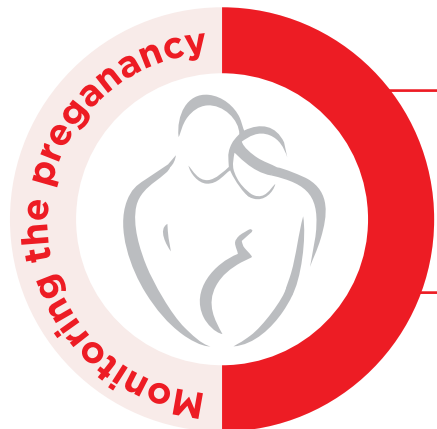


## Preimplantation Genetic Testing (PGT)

- ✓ PGT-A (Aneuploidies)
- ✓ PGT-SR (Structural rearrangements)
- ✓ PGT-M (Single gene disorder)
- ✓ niPGT ( Non invasive preimplantation genetic testing )

## Endometrial assay

- ✓ Opera (Optimal time for Endometrial Receptivity Assay)
- ✓ EndoBiome



## Chromosomal Microarray (POC)

- ✓ 315 K
- ✓ 750 K

## NGS based tests (POC)

- ✓ Aneuploidy detection ( >10MB in size )

## Cytogenetic

- ✓ Karyotype of the couple

---

## Lumos Carrier Screening

---

- ✓ Focus
- ✓ Comprehensive
- ✓ Plus

---

## Infertility workup

---

- ✓ Karyotype
- ✓ Y Chromosome microdeletion
- ✓ Sperm DNA Fragmentation
- ✓ ORION - Exome sequencing



---

## CHROME (Non Invasive Prenatal Testing)

---

- ✓ Focus
- ✓ Comprehensive
- ✓ Plus

---

## Invasive Testing (Amniotic fluid/Chorionic villus sampling)

---

- ✓ Karyotype
- ✓ FISH
- ✓ QF-PCR
- ✓ Chromosomal Microarray
- ✓ ORION - Exome sequencing



In accordance with the PCPNDT act, fetal gender will not be disclosed in preimplantation and prenatal genetic testing.

# Planning a pregnancy!

Your best adventure is about to begin,



## Carrier screening-

(Couple testing for AR and XLR conditions)

Applicable in presence of :

- ▶ Positive family history
- ▶ Consanguinity
- ▶ Any couple planning a pregnancy

## Infertility

- ▶ Primary or secondary infertility
- ▶ 15-30% of infertility cases are associated with a genetic cause <sup>[1]</sup>

# and we are glad to be a part of it!

## Karyotype

- ▶ 10-15% of couples are affected with Recurrent Pregnancy Loss (RPL)<sup>[2]</sup>
- ▶ In 2-5% of couples, one of the partner is identified as a carrier of balanced translocation<sup>[3]</sup>

## Y chromosome microdeletion

- ▶ Microdeletion of the azoospermia factor (AZF) region on Y chromosome is considered the most common genetic cause of male infertility<sup>[4]</sup>

## Sperm DNA fragmentation

- ▶ 15% of men struggle with infertility in spite of a normal semen analysis
- ▶ This test assesses the level of DNA damage in sperms and helps evaluate the utility of assisted reproductive technology<sup>[5]</sup>

## NGS based ORION

- ▶ Single gene disorders account for ~20% of infant mortality and ~10% of pediatric hospitalizations<sup>[6]</sup>
- ▶ In case of deceased proband, the couple can be screened for suspected disorder

## LUMOS-Carrier Screening

Autosomal recessive (AR) and X-linked recessive (XLR) disorders, Spinal Muscular Atrophy (SMA), triplet repeat primed polymerase chain reaction (TP-PCR) Duchenne Muscular Dystrophy (DMD), Congenital Adrenal Hyperplasia (CAH)

In the absence of a family history or specific phenotype, only pathogenic/ likely pathogenic variants based on current evidence will be reported.

Tests	Lumos Focus	Lumos Comprehensive	Lumos Plus
Gene involved in AR and XLR disorders	✓	✓	✓
SMA by MLPA	✓	✓	✓
DMD by MLPA*	✓	✓	✓
Fragile X by TP-PCR*	✓	✓	✓
CAH by MLPA and sequencing		✓	✓
Alpha Thalassemia by MLPA			✓
Hemophilia A (Including F8*Intron 1/22 Inversion)*			✓

\* These tests will only be performed in female partner

# Optimization of ART

Life's biggest miracle is the gift of



## PGT (Preimplantation Genetic Testing )

- ▶ Evaluates embryos before transfer to the uterus
- ▶ Performed on the trophoctodermal cells of day-5 embryo

## Endometrial Receptivity Assay

- ▶ Optimization of window of implantation by understanding transcriptomic and microbiotic makeup of endometrium

# having life growing inside of you



## **PGT-A** Pre-Implantation Genetic Testing for Aneuploidy

### Tests What ?

Numerical chromosomal abnormalities across all 24 chromosomes (22 autosomes and 2 sex chromosomes)

### For Whom ?

- ▶ Advanced maternal age (> 35 yrs)
- ▶ Bad obstetric history
- ▶ Implantation failure
- ▶ Severe male factor infertility



## **PGT-SR** Pre-Implantation Genetic Testing for Structural Rearrangements

### Tests What ?

Specific imbalances arising from parental chromosomal rearrangements as well as other numerical or structural abnormalities across all 24 chromosomes

### For Whom ?

- ▶ Couples carrier for chromosomal rearrangement like
  - ▶ Inversion
  - ▶ Reciprocal translocation
  - ▶ Robertsonian translocation



## **PGT-M** Pre-Implantation Genetic Testing for Monogenic Disorders

### Tests What ?

Specific monogenic disorders (autosomal recessive/ autosomal dominant/ X linked)

### For Whom ?

- ▶ Previous child with a genetic disorder
- ▶ Carrier for a specific genetic pathogenic variant associated with a known diagnosis or known predisposition within a family



## **niPGT** Non Invasive Pre-Implantation Genetic Testing

### Tests what?

Chromosomal aneuploidies in all 23 pairs of chromosomes.

### For whom?

To minimise the invasive nature of embryo biopsy, niPGT is performed from the spent culture media of the embryo.

Prior discussion with technical team mandatory before undergoing PGT-SR and PGT-M. PGT-M is not recommended in cases of variants of uncertain significance.<sup>[7]</sup>

## **OPERA (Optimal time for Endometrial Receptivity Assay)**

- ▶ Next Generation Sequencing (NGS) Technology
- ▶ Analyses transcriptomic signature of the window of receptivity (P+5 in HRT/ LH+7 in natural cycle)
- ▶ Successful pregnancy in 69.2% of patients after endometrial receptivity testing guided personalised ET<sup>[8]</sup>

## **Endobiome**

- ▶ Increase in non-Lactobacillus-dominated microbiota in a receptive endometrium has been reported to be associated with significant decreases in implantation.
- ▶ EndoBiome analyses the microbial population of endometrium for a better reproductive prognosis.

# Monitoring the pregnancy!

We have got



As early as  
9 weeks

2%

Fetal Fraction as  
low as 2%



Validated for twin  
pregnancy and  
donor egg

## CHROME- Non Invasive Prenatal Testing (NIPT)

- ▶ No risk for the baby as the test screens for fetal chromosomal abnormalities from the cell-free (cf) fetal DNA from maternal blood

## Invasive prenatal testing (from Amniotic fluid or Chorionic villus sample)

- ▶ Reproductive decisions cannot be based on screening test alone.
- ▶ Following tests help confirm the risk in ongoing pregnancy with great accuracy.





# you covered

## CHROME-Focus:

- ▶ Screens for chromosomal aneuploidies in :
  - ▶ chromosome 13 (Patau syndrome)
  - ▶ chromosome 18 (Edward's syndrome)
  - ▶ chromosome 21 (Down syndrome)
  - ▶ XXY (Klinefelter syndrome)
  - ▶ XYY (Jacobs Syndrome)
  - ▶ XO (Turner syndrome)

## CHROME-Comprehensive:

- ▶ Screens for chromosomal aneuploidies in all 23 pairs of chromosomes.

## CHROME-Plus:

- ▶ Screens for chromosomal aneuploidies in all the 23 Chromosomes
- ▶ Microdeletions
  1. DiGeorge(22q11.2)
  2. Angelman(15q11.2)
  3. Prader-willi(15q11.2)
  4. Cri-du-chat(5p),
  5. Wolf-Hirschhorn syndrome(4p)
  6. 1p36 deletion

## Invasive Prenatal Testing (from Amniotic fluid or Chorionic villus sample)

Karyotype

Fluorescence in situ hybridization (FISH) for chromosome 13, 18, 21, X, Y

Quantitative fluorescent PCR (QF-PCR)

Chromosomal Microarray:  
Rapidsure (315K)  
Deepdive (750K)

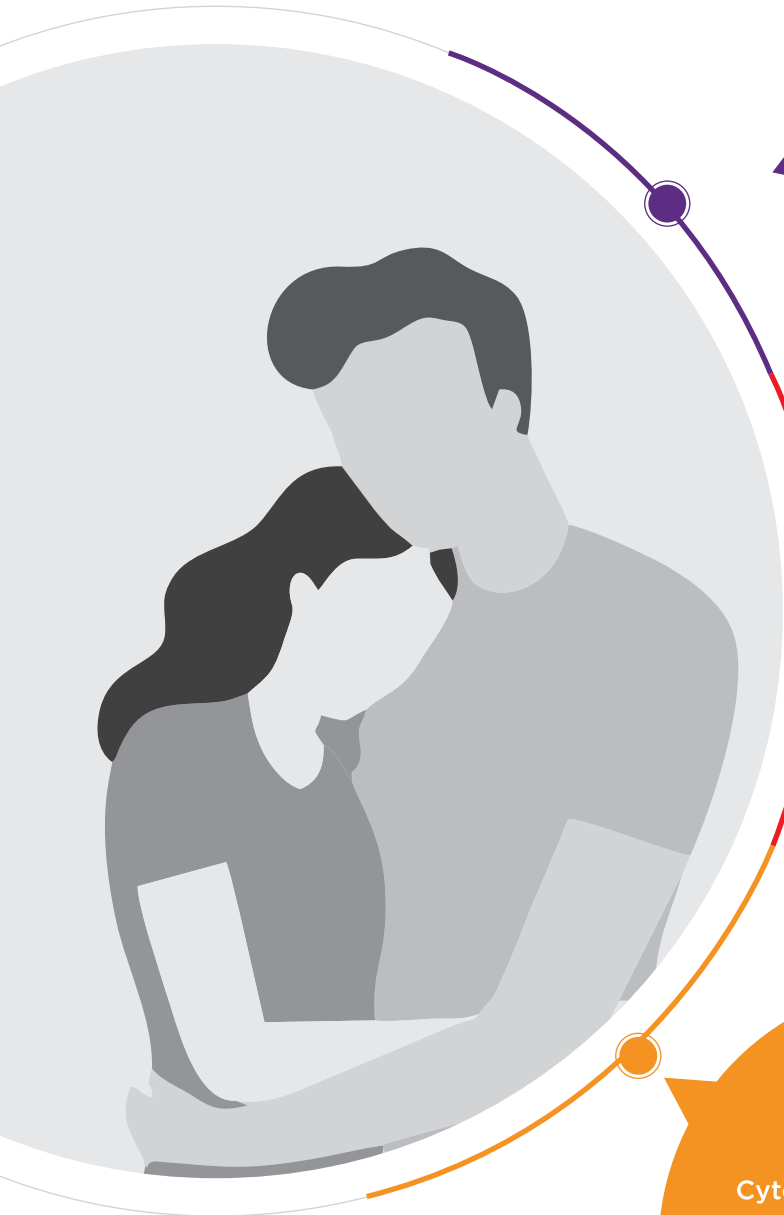
NGS based Exome sequencing-ORION

\*It is essential to rule out maternal cell contamination (MCC) in prenatal samples (AF/ CVS) by a separate test.

Prenatal testing is not recommended in case of variants of uncertain significance <sup>[9]</sup>

# Recurrent pregnancy Loss

## Let there be a Neu-beginning



### POC aneuploidy testing by NGS

Genetic assessment of tissue from products of conception (POC) can elucidate the reason for miscarriage in approximately 50-70% of first trimester miscarriages.<sup>[10]</sup>

### Chromosomal Microarray

Microarray can be offered to detect chromosomal microdeletion/ microduplications.

### Cytogenetic Test

Cytogenetic abnormalities in couples with RPL include reciprocal translocation (~60%), Robertsonian (~40%) or rarely paracentric and pericentric inversions

# with Neu-Hope

## Aneuploidy detection by NGS

- ▶ 48% of pregnancy loss tissue contains chromosomal abnormalities
- ▶ NGS based testing detects chromosomal aneuploidies of >10MB in size.
- ▶ The detection rate is >95%<sup>[1]</sup>.
- ▶ No requirement of cell culture.

## Rapidsure 315K

## Deepdive 750K

The detection rate of CMA for chromosomal aneuploidies in POC sample is ~10-13% higher than conventional karyotype<sup>[1]</sup>.

## Karyotype of the couple

- ▶ 2-4% of couples are affected with RPL
- ▶ In ~4-12% of couples, one of the partner is identified as a carrier of balanced translocation<sup>[4]</sup>
- ▶ Conventional karyotype can detect all balanced translocation in couples.

Sample	Specification	Comments
Whole Blood	4 ml in lavender top (EDTA)	CMA, NGS based tests, Y chromosome microdeletion
Whole Blood	4 ml in green top (Sodium heparin)	Karyotype
Amniotic fluid	10-20 ml in falcon tubes	Prenatal tests (MCC required)
Chorionic villus sampling	50 mg cleaned villi in 15 ml falcon tubes with 3 ml Amniomax media	Prenatal tests (MCC required)
Products of conception	50 mg of villus material of fetal origin / fetal tissue sample (toe-thumb) in sterile container with culture media/ normal saline with 0.25 ml gentamycin/amikacin	Chromosomal microarray, NGS based aneuploidy detection on POC, FISH
Maternal blood	10 ml in cell-free DNA tubes	Non Invasive Prenatal Testing
Semen	Sterile container	Sperm DNA fragmentation
Tropho - ectodermal cells	Trophoectodermal biopsy in -20° C Mini Cooler provided by NCGM (please follow "PGT protocol" provided with the kit).	Preimplantation Genetic Tests
Endometrial biopsy	Endometrial biopsy in RNA stabilizing solution provided by NCGM. (please follow "PGT protocol" provided with the kit).	OpERA, EndoBiome

## References:

- Yahaya, T.O., Oladele, E.O., Anyebe, D. et al. Chromosomal abnormalities predisposing to infertility, testing, and management: a narrative review. *Bull Natl Res Cent* 45, 65 (2021). <https://doi.org/10.1186/s42269-021-00523-z>
- Pal AK, Ambulkar PS, Waghmare JE, Wankhede V, Shende MR, Tarnekar AM. Chromosomal Aberrations in Couples with Pregnancy Loss: A Retrospective Study. *J Hum Reprod Sci.* 2018;11(3):247-253. doi:10.4103/jhrs.JHRS\_124\_17
- Priya PK, Mishra VV, Roy P, Patel H. A Study on Balanced Chromosomal Translocations in Couples with Recurrent Pregnancy Loss. *J Hum Reprod Sci.* 2018;11(4):337-342. doi:10.4103/jhrs.JHRS\_132\_17
- Kim SY, Kim HJ, Lee BY, Park SY, Lee HS, Seo JT. Y Chromosome Microdeletions in Infertile Men with Non-obstructive Azoospermia and Severe Oligozoospermia. *J Reprod Infertil.* 2017;18(3):307-315.
- Kim GY. What should be done for men with sperm DNA fragmentation?. *Clin Exp Reprod Med.* 2018;45(3):101-109. doi:10.5653/cerm.2018.45.3.101
- Sallevelt SCEH, de Koning B, Szklarczyk R, Paulussen ADC, de Die-Smulders CEM, Smeets HJM. A comprehensive strategy for exome-based preconception carrier screening. *Genet Med.* 2017 May;19(5):583-592. doi: 10.1038/gim.2016.153. Epub 2016 Oct 27. PMID: 28492530.
- ESHRE PGT Consortium Steering Committee, Carvalho F, Coonen E, Goossens V, Kokkali G, Rubio C, Meijer-Hoogeveen M, Moutou C, Vermeulen N, De Rycke M. ESHRE PGT Consortium good practice recommendations for the organisation of PGT. *Hum Reprod Open.* 2020 May 29;2020(3):hoaa021. doi: 10.1093/hropen/hoaa021. PMID: 32524036; PMCID: PMC7257038.
- Hromadová L, Tokareva I, Veselá K, Trávník P, Veselý J. Endometrial Receptivity Analysis - a tool to increase an implantation rate in assisted reproduction. *Ceska Gynekol.* 2019 Spring;84(3):177-183. English. PMID: 31324106.
- Richards, S., Aziz, N., Bale, S. et al. Standards and guidelines for the interpretation of sequence variants: a joint consensus recommendation of the American College of Medical Genetics and Genomics and the Association for Molecular Pathology. *Genet Med* 17, 405–423 (2015). <https://doi.org/10.1038/gim.2015.30>
- Chen, Siwei, et al. "Application of whole genome next generation sequencing (NGS) analysis of products of conception (POC) after single embryo transfer." *Fertility and Sterility* 112.3 (2019): e240.
- Xu J, Chen M, Liu QY, et al. Detecting trisomy in products of conception from first-trimester spontaneous miscarriages by next-generation sequencing (NGS). *Medicine (Baltimore).* 2020;99(5):e18731. doi:10.1097/MD.00000000000018731
- Carrier and Newborn Screening in Spinal Muscular Atrophy. *Genet Test Mol Biomarkers.* 2020 Sep;24(9):569-577. Doi: 10.1089/gtmb.2020.0085. Epub 2020 Jul 24. PMID: 32721240.
- Huang L, Bogale B, Tang Y, Lu S, Xie XS, Racowsky C. Noninvasive preimplantation genetic testing for aneuploidy in spent medium may be more reliable than trophectoderm biopsy. *Proc Natl Acad Sci U S A.* 2019 Jul 9;116(28):14105-14112. doi: 10.1073/pnas.1907472116. Epub 2019 Jun 24. PMID: 31235575; PMCID: PMC6628824.
- Karyotypic abnormalities and Y chromosome microdeletions: How do these impact in vitro fertilization outcomes, and how common are they in the modern in vitro fertilization practice? Volume 2, Issue 3, 2021, Pages 300-307, ISSN 2666-3341, <https://doi.org/10.1016/j.xfre.2021.06.001>.
- Kim, Young-Ho; Song, Yura; Kim, Jong-Kwang; Kim, Tae-Min; Sim, Hye Won; Kim, Hyung-Lae; Jang, Hyonchol; Kim, Young-Woo; Hong, Kyeong-Man; Toland, Amanda Ewart (2019). False-negative errors in next-generation sequencing contribute substantially to inconsistency of mutation databases. *PLOS ONE*, 14(9), e0222535-. doi:10.1371/journal.pone.0222535
- Olivia J. Carpinello, Jessica Marinaro, Micah J. Hill, Alan H. Decherney, Kate Devine, Rebecca Chason, The Practice Committee of the American Society for Reproductive Medicine, 2012.
- The American College of Obstetricians and Gynecologists, Practice Guidelines 2017 (reaffirmed 2020).
- Moreno et al, *AJOG* 2016. Evidence that the endometrial microbiota has an effect on implantation success or failure.

**Pre-test and post -test genetic counseling is recommended for any genetic test.**

**Kindly contact :**

**+91-6357244307/ customer.support@ncgmglobal.com**

**+916357244305/ GC.Team@ncgmglobal.com**

# Our Services



**Inherited Genetic Disorder**



**Reproductive Genetics**



**Cancer Genomics**



**Haemato Oncology**



**Transplant Immunology**



**Infectious Disorders**



**Pharmacogenomics**



**Research Services**

# Notes :

A series of horizontal dashed lines for writing notes.

# PARTNERS IN HEALTH



## DR. SHIVA MURARKA

Senior Scientist (Molecular Genetics)  
PhD Reproductive Sciences  
[shiva.murarka@ncgmglobal.com](mailto:shiva.murarka@ncgmglobal.com)



## DR. UDHAYA KOTECHA

Clinical Geneticist (M.D. Pediatrics)  
Fellowship in Medical Genetics  
[udhaya.kotecha@ncgmglobal.com](mailto:udhaya.kotecha@ncgmglobal.com)



## DR. SHEETAL SHARDA

Director - Clinical Genomics  
Development & Implementation  
[sheetal.sharda@ncgmglobal.com](mailto:sheetal.sharda@ncgmglobal.com)



## DR. PARTH SHAH

Senior Advisor  
MD (Hematology and Medical Oncology)  
[parth.shah@neubergdiagnostics.com](mailto:parth.shah@neubergdiagnostics.com)



## DR. SANDIP SHAH

Consultant Pathologist  
M.D. (Pathology & Bacteriology)  
Laboratory Director  
[drsandip@neubergdiagnostics.com](mailto:drsandip@neubergdiagnostics.com)

FOR MORE DETAILS, CONTACT US AT



**079 61618111**

**079 40408181**

[ncgmglobal.com](http://ncgmglobal.com)



**Neuberg**  
DIAGNOSTICS

● India ● UAE ● South Africa ● USA